

OPPORTUNITIES THIS WEEK

November 6th ~ November 13th

Sunday November 6th
 8:30 a.m. Worship Service
 (Nursery & Children's Church Available)
 9:45 a.m. Sunday School / Adult Education
 9:45 a.m. Town Hall Meeting ~ WorshipCenter
 10:45 a.m. Worship Service
 (Nursery & Children's Church Available)
 6:00 p.m. Alpha ~ Coffee Corner
 6:30 p.m. High School Youth

Monday November 7th
 6:30 p.m. Shepherd Meeting ~ Rm.228

Tuesday November 8th
 6:30 p.m. Life Recovery ~ Coffee Corner
 6:30 p.m. Eating Disorders Anonymous ~ Rm. 202

Wednesday November 9th
 12 Noon Prayer and Communion
 6:30 p.m. Awana
 6:30 p.m. Middle School Youth
 6:45 p.m. Adult Prayer ~ Rm. 202

Thursday November 10th
 7:00 p.m. Praise Team Practice

Friday November 11th
 9:00 a.m. Mom's in Touch ~ Rm. 228

Saturday November 12th
 6:30 a.m. Men's Prayer ~ Rm. 228
 5:30 p.m. Fall Festival

Sunday November 13th
 8:30 a.m. Worship Service
 (Nursery & Children's Church Available)
 9:45 a.m. Sunday School/ Adult Education
 10:45 a.m. Worship Service
 (Nursery & Children's Church Available)
 12 Noon Town Hall meeting ~ Worship Center
 6:00 p.m. Alpha ~ Coffee Corner
 6:30 p.m. High School Youth

Giving	October 30th - November 5th	
Budget	\$ 8,077.00	\$ 355,388.00
Received	\$ 8,285.96	\$ 357,487.05
	\$ 208.96	\$ 2,099.05

Please pray for God's continued provision.

Volunteer Schedule

	Today	November 13th
	<u>Nursery</u> Tilly Family	<u>Nursery</u> Bonnie Neitzer Alyssa Spofford Sue Johnson Carrie Bayless
Sunday School	Jennifer Daugs Harker Family	
10:45 a.m.		
	<u>Children's Church</u> Fries Family	<u>Children's Church</u> Boyer Family
8:30 a.m.		
10:45 a.m.	Jackie Somers Demie Bond	Larissa Schultz & daughters
	<u>Ushers</u> Clair Grandy Judy Grandy Brandon Hiatt James Hiatt	<u>Ushers</u> Clair Grandy Judy Grandy Brandon Hiatt James Hiatt
8:30 a.m.		
10:45 a.m.	Brett Soland Matt Harker Rob Arrache Mike Kasprovicz	Jerry Boyer Rob Arrache Mike Kasprovicz Pat Kedrowski

Prayer Chain

To submit a request call
 Daytime: Dara Shank (763) 441-5681
 Evenings: Inga Iliff (763) 856-2085 or go to zefc.org and go to the Contact Menu

Please Pray For:

- ✠ **God's continued healing presence and strength for:**
 Ken Martin
 Howard Meloch
 Kathy Meloch
 Jody Dubay ~ caringbridge.org/visit/jodydubay
- ✠ **Our Military**
 Robert Dubay - ROTC
 Troy Gabrielson - Guards
 Matt Harker - Guards
 Andy Johnson - Virginia
 Matt Johnson - Charleston, South Carolina
 Sara Hansen - Pensacola Beach, Navy Hospital
 Peter Loso - Afghanistan
 Andrew Nordlund - Afghanistan
 Curt Serbus - Guards
 Tim Serbus - ROTC
 Nick Thompson - Washington State
 John Vargas - Navy

Zimmerman Evangelical Free Church

"To know Jesus Christ and make Him known"

Sunday, **November 6, 2011**



Message: Control your Anger
 Pastor Tom Sterneman

Address & Contact Information

25620 - 4th Street W. Zimmerman, MN 55398
Office phones: (763) 856-2237 / 856-2238 **Fax:** (763) 856-4947
E-mail: info@zefc.org **Web address:** www.zefc.org

Office Hours:

Monday through Friday
 9:00 a.m. - 4:00 p.m.

Pastoral Staff

Senior Pastor
 Tom Sterneman
ptsterneman@zefc.org

Assistant Pastor
 Craig Spofford
craig@zefc.org

Youth Pastor
 Josh Sawyer
josh@zefc.org

Office Secretary
 Deb Almen
deb@zefc.org

Finance Secretary
 Elaine Switzer
elaine@zefc.org

Children's Ministry
 Janell Thompson
janell@zefc.org

Worship 8:30 a.m.
Adult Education and Sunday School 9:45 a.m.
Worship 10:45 a.m.

**Welcome
to
Zimmerman Evangelical Free Church**

A place where you can come as you are, unwind, be encouraged and renew your strength for the next week. A place where you will feel accepted no matter where you are

General Information

Please silence your cell phones and pagers during the service.

Nursery

Nursery is available for infants through age two during worship services and Adult Education/Sunday School.

Children's Church

Children's Church is available during both services for ages three through kindergarten. (Dismissal is announced prior to the sermon.)

Please check your children in with the teacher in the foyer and pick them up in Room 232.

Activity Bags

Activity bags for kids are located in the back of the Worship Center. Please return them to one of the back tables.

Communication Cards

Let us know you are here today! Write your prayer and information requests on the back and drop them in the offering basket.

TRAP JOURNALS

Available on the table in the foyer.

**Sunday Morning Children's Church
&
Wednesday Night Awana**
Are in need of adults willing to fill in as substitutes when needed.
Contact the church office if you can help.

Upcoming Events



Fall Festival
Saturday, November 12th

Town Hall Meeting
November 6th during Sunday School or
November 13th following 2nd Service

ZEFC Women's Retreat
November 18th-20th



Life Recovery Ministry



A Christ-Centered
12 step approach.
Tuesdays at 6:30 p.m.
here at ZEFC.
For dealing with any life-controlling issue.



**Get Connected
Begin Alpha now**

or
join a Connexion group.

Alpha is 6:00 p.m. on Sundays.
To get connected with a Connexion group,
contact Pastor Craig.



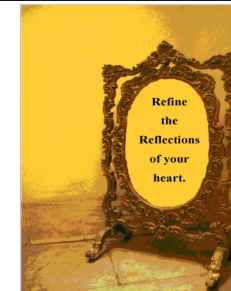
November 12th 5:30 p.m.

Join us for food, & fun
featuring music by Manuel Abarca
Potluck sign-up in foyer.



Help make a Child's
Christmas special
Fill a
shoe box with
school supplies,
non violent small toys,
hygiene items. etc.
All shoe boxes need
to be here at Church
by **Nov 13th.**

ZEFC Women's Retreat
November 18th – 20th,
at Timber Bay Camp.
Come for an enjoyable life
enhancing weekend.
Cost is \$105.00.
Register on-line today!



Adult Education Classes

Faithful Bible Interpretation

Join us
as we get into God's word.
Meeting in Rm. 202



Open
9 to 11AM

COFFEE

It's all good

**CityKid
JAVA**

Choose the virtuous brew
that kicks back to kids
in the Twin Cities*

Keep
it local!



CORNER

Now featuring fall
favorites like apple cider
& Chai Tea as well as
fresh baked goods.

The Pastor's would like to say
"Thank you"
for all the love, cards and gifts
they received during
Pastor Appreciation month.



Come Join us!

On November 9th the
Wednesday morning
Women's Bible Study will be starting
"Daniel" by John MacArthur.
Call Jeannie Nicka (856-4607)
if you would like to join them.



Quotes Corner



"Don't get angry at the person who acts
in ways that displease you.
Give him the smile he lacks.
Spread the sunshine of your
Lord's limitless love."
Joni Eareckson Tada

[Ecclesiastes 7:9](#)

Do not be quickly provoked in your spirit,
for **anger** resides in the lap of fools.

Control your anger
James 1:19-21
11/6/2011
Pastor Tom Sterneman

I. Introduction

II. How people try to handle anger.

Suppression

Expression

III. Place anger under Gods control. (Eph. 4:26-27)

A. Admit that you're angry.

B. Understand your anger.

1. We get hurt.

2. We are frustrated.

Two questions to ask:

Will getting angry change the situation?

Is it really worth being upset over?

3. We are scared.

C. Resolve anger quickly. (Eph. 4:26)

D. Control anger. (Eph. 4:27)

James 1:19-21

1. Slow down.

2. Uproot moral filth.

3. Replant or accept the word.

a) Jesus Christ is the word. (John 1:1)

b) Scripture is the word. (Hebrews 4:12)

Take away:

Why is "slow to anger" – easy to hear but hard to do?

Connexion Reflections

Open:

Tell of a time when you saw someone “lose it.”

What was the cause?

What was the result?

~ *Wrong Anger* ~

Explore:

Illustrate what it means to be...

- a. “quick to listen”
- b. “slow to speak”
- c. “slow to anger”

When does anger arise?

- a. When in the midst of trial?
- b. When things are going well?
- c. When I don’t get my way?
- d. All of the above.

When someone says, “I just wanted to get that off my chest,” what usually is the result?

~ *RIGHT(eous) Anger* ~

Get:

“But Jesus got angry!”

Is anger ever justified?

John 2:13-17

What is different about Jesus’ anger?

Is anger “sin?” Why? Why not?

James 1:14-15

...but each one is tempted when, by his own evil desire, he is dragged away and enticed. Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death.

Where is anger in this sequence of events?

Can “fruit” calm the angry man? (Galatians 5:22-23)

Apply:

Admit it! You get angry, now what?

Ephesians 4:26-27

Proverbs 14:29

Ecclesiastes 7:9

God, knowing our weakness, assumes our **anger** but gives us His word to heal, “Therefore, get rid of moral filth and evil that is so prevalent and humbly accept the word planted in you, which can save you.”

James 1:21