



Zimmerman Evangelical Free Church

"To know Christ and to make Him known"

Sunday, February 14th, 2010
Worship 8:30 & 10:45 a.m.

Office Hours: Monday, Wednesday, Thursday & Friday ~ 9:00 am - 4:00 pm
Tuesdays ~ 12:30 pm - 4:00 pm

Address & Contact Information

25620 4th Street W. Zimmerman, MN 55398

Office phones: (763) 856-2237 / 856-2238 **Fax:** (763) 856-4947

E-mail: info@zefc.org **Web address:** www.zefc.org

Ministry Staff

Senior Pastor
Tom Sterneman
ptsterneman@zefc.org

Assistant Pastor
Craig Spofford
craig@zefc.org

Office Secretary
Jody Dubay
jody@zefc.org

Finance Secretary
Brittany Schulz
brittany@zefc.org

Children's Ministry
Janell Thompson
janell@zefc.org

General Information

- **Please silence** all cell phones and pagers during the service.
- **Nursery** is available from **birth through age two** during worship services and Sunday School.
- **Children's Church** is available during worship services for ages **three through Kindergarten**. (dismissal announced prior to the sermon). **Check your children** in with the teacher in the foyer and pick them up in Rm. 232.
- **Activity bags for kids**, filled with fun activities, are located in the back of the sanctuary. If your child is staying for the service these are available to use. Please return to one of the back tables when finished or give to an usher as you leave.

Today's Message

Struggling for God

Colossians 2:1

Welcome to
*Zimmerman Evangelical
Free Church*

A place where you can come as you are, unwind, be encouraged and renew your strength for the next week. A place where you will feel accepted no matter where you are in your spiritual walk.

MAN - 2 - MAN
Men's Retreat at Timber Bay
March 19th, 20th, and 21st

Sign up in the foyer now.
The cost is \$100.
Open to all men who are
out of high school.

Please see
Justin Helmuth
if you have any questions.



Is going to be available here at ZEFC
on Wednesday nights beginning
March 3rd

Sign up to attend while your kids
are busy with Kids Club or
Junior High Youth Group.
Childcare will be available.
Sign up in the foyer.



Alpha
Is Coming - Again

The Banquet is February 21st
and the course will begin
on February 28th

Sign up now in the foyer
or on-line.
Invite your friends and neighbors!

ADULT SUNDAY SCHOOL

Peacemakers

Taught by Loy & Elaine Switzer
In room 138

The Invisible Hand - The Sovereignty of God

Taught by Stan Nicka
In room 202

**Understanding the Anger and Justice of God
(Obadiah, Micah, Nahum, & Habakkuk)**

Taught by Brandon Hiatt
In room 109

Women's Prayer Time

In room 139
"The Prayer Room"

**ALL CHURCH
FAMILY FELLOWSHIP**

Everyone is invited on
Friday, March 12th
At 6:00 pm
Please bring a salad or side dish
to share. The main dish and
dessert will be provided.

Volunteer Schedule for Sunday, Feb. 21st, 2010:

Nursery

8:15 a.m. Jill Larson & Ally Sterneman
10:30 a.m. Tilly Family & Aimee Hemgren

Children's Church

8:30 AM Jay & Ruth Fries
10:45 AM Jerry & Kim Boyer

Ushers

Feb. 14th

1st Service	Clair Grandy Keith Stickney	Judy Grandy Lenny Kunzer
2nd Service	Curt Johnson Steve Marvets	Kurt Sutherland Fred Nungesser

Feb. 21st

1st Service	Clair Grandy Keith Stickney	Judy Grandy Lenny Kunzer
2nd Service	Curt Johnson Steve Marvets	Kurt Sutherland Fred Nungesser

Upcoming Events

ALPHA Banquet

February 21st

Kids Club Bring a Friend Night

February 24th

Membership Class

February 27th

Financial Peace University

Begins March 3rd

Marriage Seminar

March 5th - 6th

All Church Family Fellowship

March 12th

Men's Retreat at Timber Bay

March 19th - 21st

Mother-Daughter Luncheon and Quilt Auction

March 27th

District Blitz Youth Conference

April 23rd - 25th

Giving

January 31st - February 6th

	<u>Week 6 of 52</u>	<u>Year to date</u>
Budget	\$7,693.00	\$46,158.00
Received	\$7,888.81	\$39,921.08
	\$195.81	(\$6,236.92)

Our budget for 2010 is \$400,000.00

Please **pray** for God's continued financial provision.

Prayer Chain

If you have a prayer request during the day please contact Dara Shank 763-441-5681 or Mary Andersen 763-241-1225. In the evening contact Inga Iliff 763-856-2085. If you are unable to reach someone you may contact the church office or visit our website at www.zefc.org and click on prayer request.

If you are interested in becoming part of the intercessory prayer ministry please contact the church office 763-856-2237.

Please Pray For:

- ✝ **God's continued healing presence and strength for:**
 - Ken Martin
 - Howard Meloch
- ✝ **Missionaries of the Month** ~ John & Sharon Stacknik, in Toulouse, France
- ✝ **Our Nation**
- ✝ **Military**
 - Troy Gabrielson - Guards
 - Andy Johnson - Virginia
 - Matt Johnson - Virginia
 - Sara Johnson - Pensacola Beach, Navy Hospital
 - Peter Loso - Fort Drum, NY
 - Andrew Nordlund - Fort Drum, NY
 - Curt Serbus - Guards
 - Nick Thompson - Iraq
 - John Vargas - Navy

Back by Popular Demand

Love and Respect

Marriage Seminar

March 5th & 6th

There is a sign up sheet in the foyer.

Cost is: \$50 for class and 2 manuals

\$45 for class and 1 manual

\$30 for Alumni

This seminar is for engaged couples, married people as well as single people who want to learn about relationships.



OPPORTUNITIES THIS WEEK

February 14th - February 21st

Sunday	February 14th
7:00 AM	Praise Band Practice
8:30 AM	Worship Service (Nursery & Children's Church Available)
9:45 AM	Sunday School for All Ages
10:45 AM	Worship Service (Nursery & Children's Church Available)
Monday	February 15th
5:45 PM	Girl Scouts #14070 ~ Rm. 127
6:45 PM	All Ministry Meeting ~ Rm. 229
Tuesday	February 16th
9:30 AM	MOPS Steering ~ Rm. 202
5:30 PM	Dance Arts ~ Rm. 229
6:30 PM	Women's Bible Study ~ Rm. 202
Wednesday	February 17th
9:00 AM	Women's Bible Study at Jeanne Nicka's
12:00 PM	Noon Prayer Meeting ~ Rm. 228 (Open to all)
6:30 PM	Kids Club
6:30 PM	Jr. High Youth ~ Rm. 229
6:45 PM	Adult Prayer ~ Rm. 202
Thursday	February 18th
7:00 PM	Praise Band Practice ~ Rm. 109
Friday	February 19th
6:00 PM	MOPS Scrap Night ~ Rm. 109
Saturday	February 20th
6:30 AM	Men's Prayer Meeting ~ Rm. 228
9:00 AM	4-H ~ Rms. 229 & 232
3:00 PM	Cub Scouts Banquet ~ Rm. 109
Sunday	February 21st
7:00 AM	Praise Band Practice
8:30 AM	Worship Service (Nursery & Children's Church Available)
9:45 AM	Sunday School for all ages
10:45 AM	Worship Service (Nursery & Children's Church Available)
5:30 PM	ALPHA Banquet

The monthly newsletter is currently available at the Welcome Center. Please help yourself.

Easter Tulips

Remember someone special this Easter while also supporting our youth group.

There is a sign up sheet in the foyer to order



tulips to be used for our Easter service. They can be in memory of someone or in honor of someone, also.



The cost is \$10 for a 6" pot.

LOST AND FOUND

Please check the lost and found for items that you or your family may have misplaced. There are clothes, dishes, books, etc. All of the items will be donated after the 7th of March.

PENNY WARS

All Church - Guys vs. Gals

Rules:

- 1) **Only pennies** count positively toward your grand point total
 - 2) **Other coins and bills** count negatively toward your grand point total
- Example: 100 pennies=100 points!**
If there is a quarter hiding in your bucket= minus 25 points for a GRAND POINT TOTAL of 75 points!

The containers can be found in the foyer. It's all for good fun and it supports our youth ministry!

Boys Won last week!

Worldview Academy: Christianity and Culture Conference

Nowthen Alliance Church in Nowthen, MN
Open to Ages 13 and above
February 19th and 20th

Struggling for God

Colossians 2: 1

February 14, 2010 Pastor Tom Sterneman

Proposition: We need to commit to do the hard work of praying for others and ourselves so that we can shine for the glory of the Lord.

Review of Colossians 1:1-14

Vital elements for prayer

<u>Thankfulness</u>	v. 3
<u>Praising the Lord</u>	vs. 4-9
<u>Purification/confessing</u>	v. 10a
<u>Intersession</u>	vs. 10b-12
<u>Dependent surrender</u>	vs. 13-14

I. We can struggle in prayer for ourselves

A. Jesus struggled - Luke 22:40-44

1. Not for stuff
2. In total surrender
3. With great intensity

B. The Psalmist struggled - Psalm 77:1-10

1. All participate in this at times
2. Focused search
3. Victory comes from the Lord

II. We can struggle in prayer for others

A. Abraham's prayer for others - Genesis 18:20-33

B. Paul's prayer for others - Col. 2:1

1. Not everyone knows you pray for them
2. Not selective
3. Very intense
4. Against the Evil one - Eph. 6:12

Conclusion: